# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
OMB Number:	3235-0287
Estimated	
average burden	
hours per	
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * DUNLEAVY KAREN	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 60 CUTTER MILL ROAD SUITE 303	3. Date of Earliest Transaction (Month 01/05/202		□ Director       □ 10% Owner         ☑ Officer (give title below)       □ Other (specify below)         Sr. Vice President, Financial			
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (	Month/Day/Year)	<ul> <li>6. Individual or Joint/Group Filing (Will be automatically set)</li> <li>6 Form filed by One Reporting Person</li> <li>6 Form filed by More than One Reporting Person</li> </ul>			

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	Date (Month/	2A. Deemed Execution Date, if any (Month/ Day/ Year)	(Instr. 8)		4. Securities Acquire (Instr. 3, 4 and 5)	ed (A) or Disposed of		Securities	Form: Direct	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)		Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	01/05/2023		Α		3,500 <sup>(1)</sup>	А	\$0	50,639	D	

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. 3. Trar Conversion or Exercise Price of Derivative Security	Day/ Year)	3A. Deemed Execution Date, if any (Month/ Day/ Year)	4. Transaction Code (Instr. 8)		Derivative Securities			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	Securities	Ownership Form of	Beneficial
				Code	v	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date		Amount or Number of Shares	Owned Follow Report Transa	Owned Following Reported Transaction(s)	Direct (D) or Indirect	Ownership (Instr. 4)

#### **Explanation of Responses:**

These shares were issued as restricted stock on January 5, 2023 under the issuer's 2022 Incentive Plan. Generally, subject to the reporting person's continued relationship with the issuer, the 1. shares vest on or about January 4, 2028.

#### **Remarks:**

/s/ Karen Dunleavy by David W. Kalish, her attorney 01/05/2023 in fact

\*\*Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v). \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed.

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